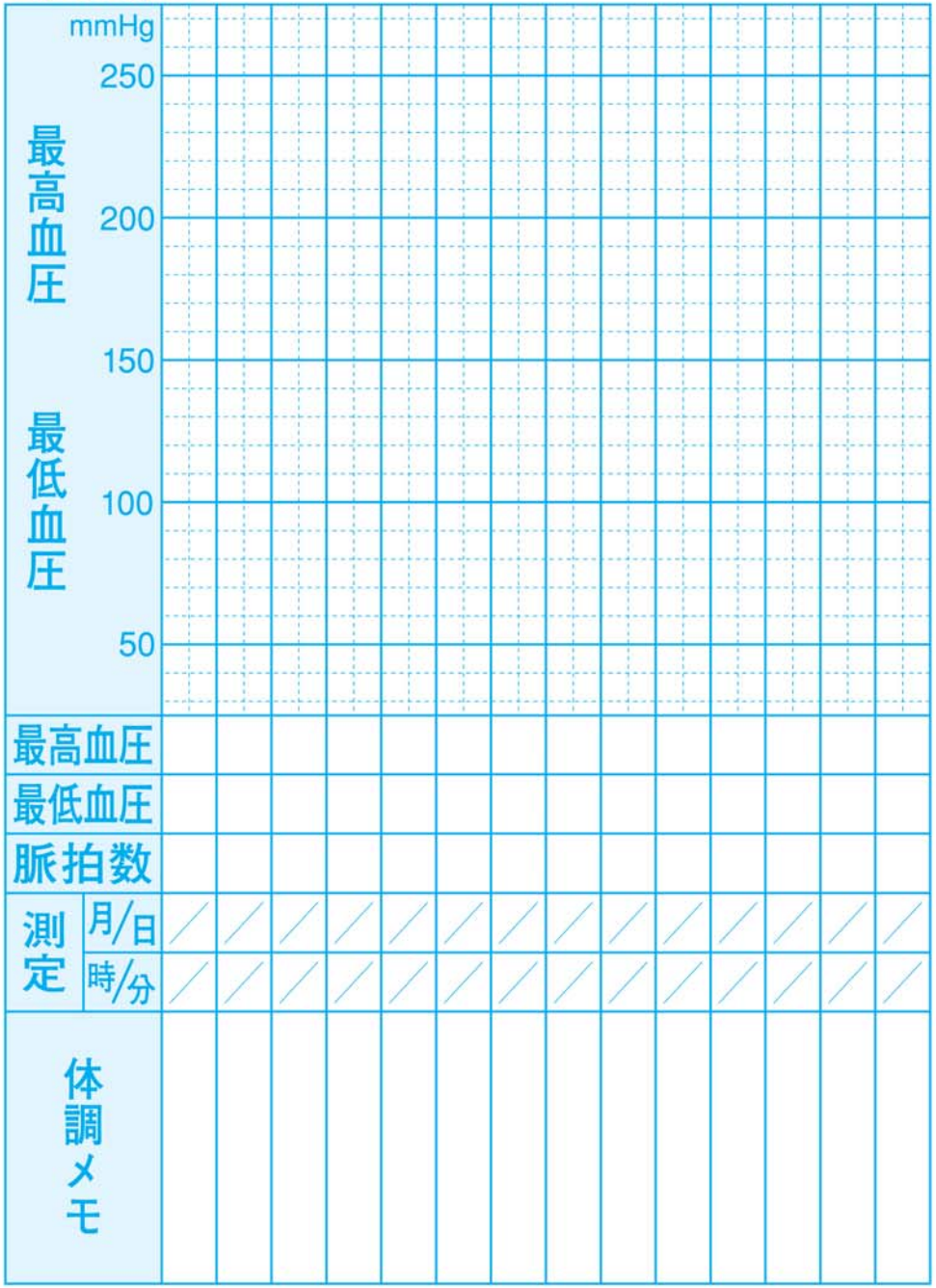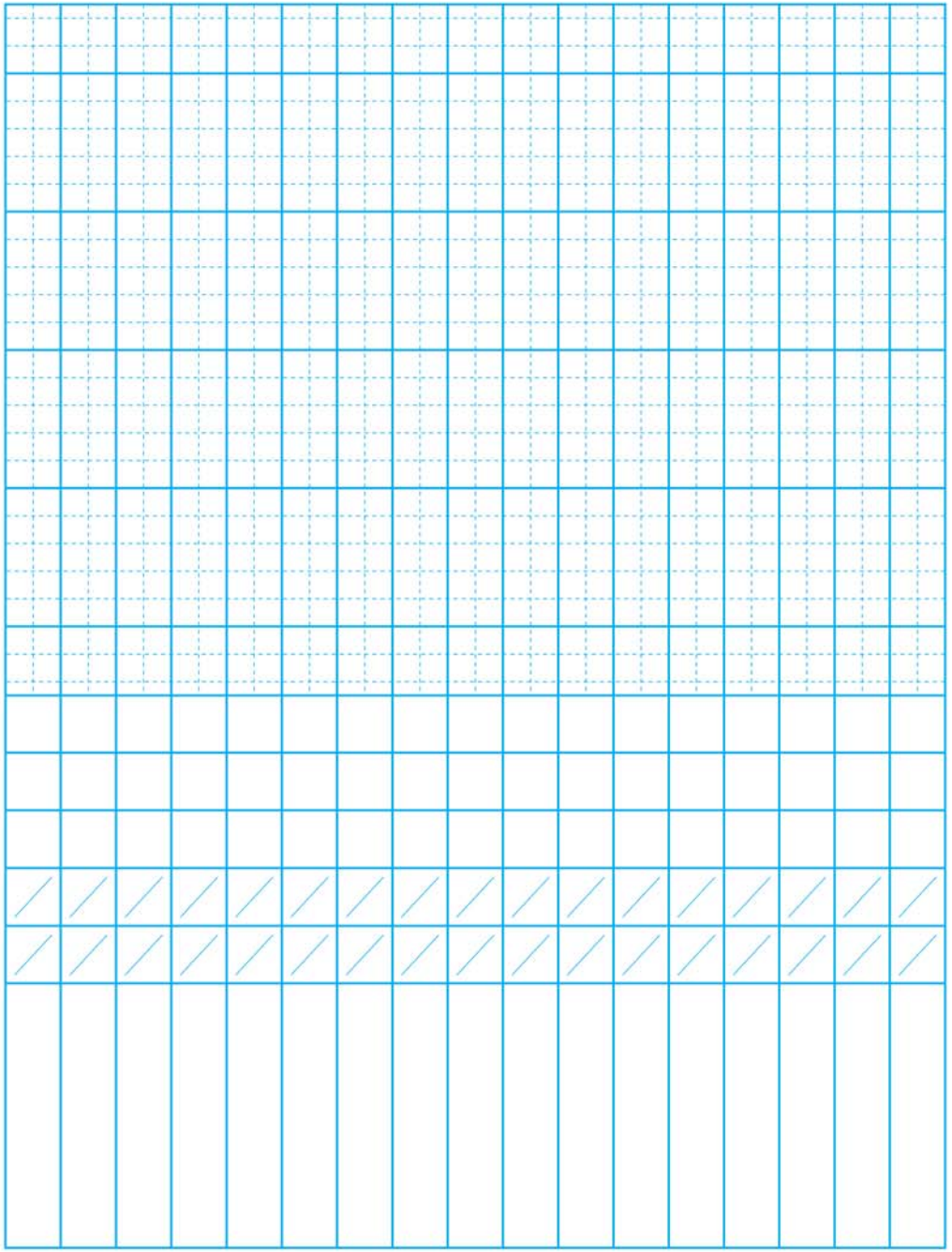血圧記録表